



# ACCOUNTABILITY PARTNERSHIP AGREEMENT

We, \_\_\_\_\_ and \_\_\_\_\_ hereby fully commit ourselves to holding each other accountable to our goals, our happiness and our success.

We will meet:

by PHONE/EMAIL/TEXT (circle one and include contact information) \_\_\_\_\_

DAILY / WEEKLY (circle one) at \_\_\_\_\_ am/pm for a minimum of \_\_\_\_\_ minutes and a MAXIMUM of \_\_\_\_\_ minutes.

We hereby hold the space for one another to live in the highest possible vision of ourselves.

We commit to a relationship based on honesty and encouragement.

We will help each other take specific action steps designed to achieve our goals.

We will learn to recognize and shed light on our partner's excuses and fears in a firm but compassionate manner.

We commit to taking personal responsibility for our own actions, outcomes and incomes.

We hereby create a "No Drama" Zone, refraining from energy-draining activities, such as gossiping, whining, blaming and complaining.

When needed, we commit to the "5-Minute Rule" which allows for five-minutes of "venting."

After five minutes, we will be solution-minded and empowered by asking, "What do you plan to do about it?"

This partnership is now formed because we each truly want and choose to be held accountable for our intentions, goals and happiness!

Signed,

\_\_\_\_\_ (date) \_\_\_\_\_

\_\_\_\_\_ (date) \_\_\_\_\_